

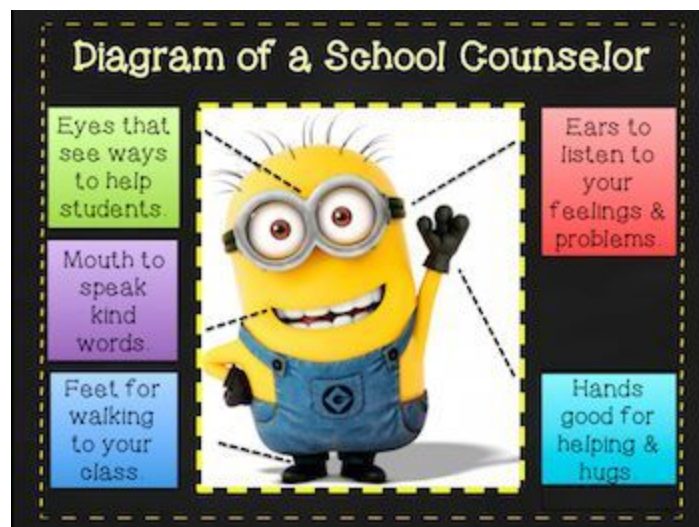
A Note from the School Counsellor...

Fall 2017

Dear Elmdale Families,

I am very happy to be joining the Elmdale Community and look forward to meeting you! Here is some information about myself and what exactly it is that a school counsellor does:

what is a School Counsellor?



I often tell students that my number one job is to do everything I can to make sure their school days go well for them. School counsellors work towards the well-being of the "total student" by promoting the emotional, intellectual, social, academic and career development of all students. This takes place in the following ways:

- Whole School and classroom activities, lessons and presentations promoting skills for academic and personal success.
- Individual and small group guidance or counselling to help build skills or address issues of concern or difficulty.
- Connecting students to resources within the school or community which may help foster their success.
- Working with the school team to help students with any challenges they may be facing.

A Little About Myself:

Before becoming a counsellor I was a teacher for many years at Mitchell Elementary. As I grew as a teacher I discovered my passion for the development of each individual child - helping them discover their own unique gifts, strengths and contributions. In February 2014 I graduated with a Masters degree in Education in Counselling Psychology from the University of Manitoba. I am also certified with the Canadian Counselling and Psychotherapy Association. For the last 4 years I worked as the school counsellor at Blumenort School. I am particularly passionate about the early years grades and the personal and social development that takes place at that time of life.



Who Sees the School Counsellor?

The School Counsellor's role involves the whole school, working pro-actively to promote and help maintain the overall well-being of all students. If a student is having difficulty in any aspect of their life, they are welcome to come for a visit - no reason is too small to see the school counsellor. If a student requires more significant support, it would be a decision made with the school team and parents will be contacted.

If you have any questions about the school counselling program, or if at any time you feel your child might benefit from a visit with me, please feel free to contact me or Marge Thiessen (Resource Teacher). I will also be here for the Meet Your Teacher event so please feel free to stop by and see my new office. I look forward to meeting the students of Elmdale.

Wishing you and your family a smooth start to the school year!

Tara Klassen
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